



MINISTRY OF HEALTH OF UKRAINE
NATIONAL UNIVERSITY OF PHARMACY



DEPARTMENT OF PHARMACEUTICAL TECHNOLOGY OF DRUGS

BASIC PRINCIPLES OF HOMEOPATHY. SCALES OF HOMEOPATHIC DILUTIONS. CONSTITUTIONAL TYPES. THEORY OF MIASMS. HERING'S LAW OF HEALING. Part 1



1

- **Basic principles of homeopathy**
- **Homeopathic Dilution Scales**

2



3



BASIC PRINCIPLES OF HOMEOPATHY

To cure a person, from the point of view of homeopathy, means to restore the internal balance in the body by stimulating its own vitality.

PRINCIPLE OF SIMILARITY

"Like cures like"

«Similia similibus curantur»

To eliminate even the most difficult external manifestations, it is necessary, first of all, to bring his affective, moral and mental functions back to normal, and not try to eliminate physical manifestations

The most important for a person are:

- ***will is what determines his desires***
- ***ability to think***
- ***body as an outer shell***

POTENTIATION OR DYNAMIZATION

TESTING DRUGS ON HEALTHY PEOPLE

The principle of similarity

The symptoms that appear in a sick person should be similar to the painful manifestations caused by a homeopathic medicine in a healthy person of a suitable constitutional type.



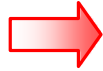
HOMEOPATHY - a system for treating diseases by means of such medicinal substances that, in a healthy human body, produce a painful condition highly similar to that which is to be cured

Mercurius corrosivus



produces artificial and cures natural dysentery

Arsenicum



produces artificial and cures natural intestinal catarrh and cholera

Tartarus emeticus
Phosphorum



produce and heal pneumonia

Cantharis



produces and heals kidney inflammation

Belladonna



cures acute mania

The constant relationship that exists between disease and its remedy constitutes the **LAW OF TREATMENT** :

■▶ **similia similibus curantur**
(like cures like)

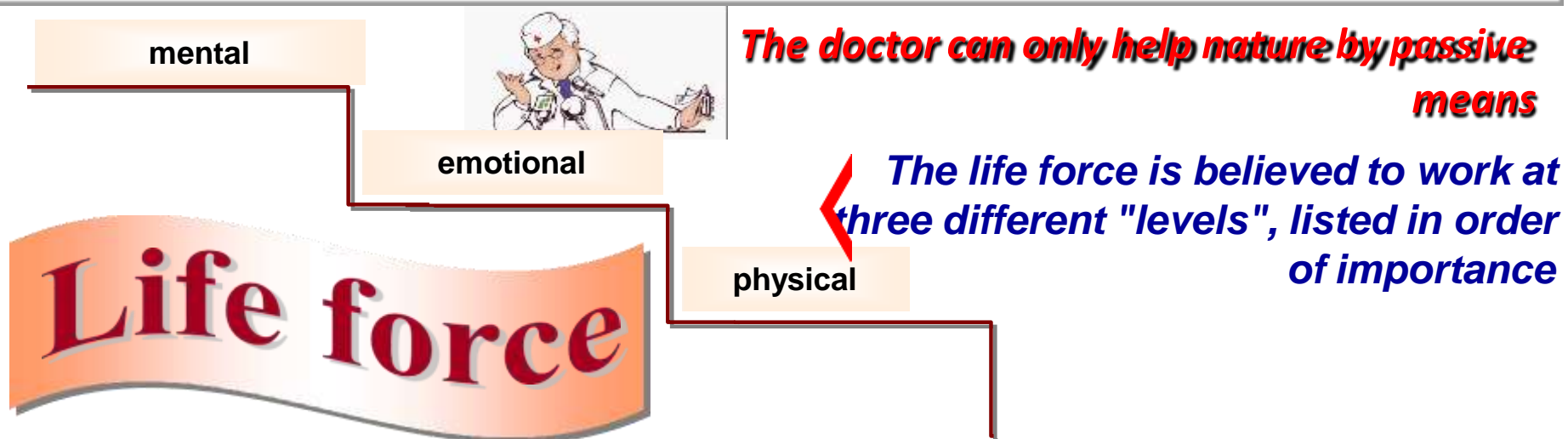
Life force and the law of similarity

Homeopathy (and other complementary methods of treatment) is based on a vitalistic philosophy, in accordance with which all living organisms live according to "laws" that differ significantly from the laws of physics, chemistry and biology.

ACCORDING TO VITALISTIC THEORY :

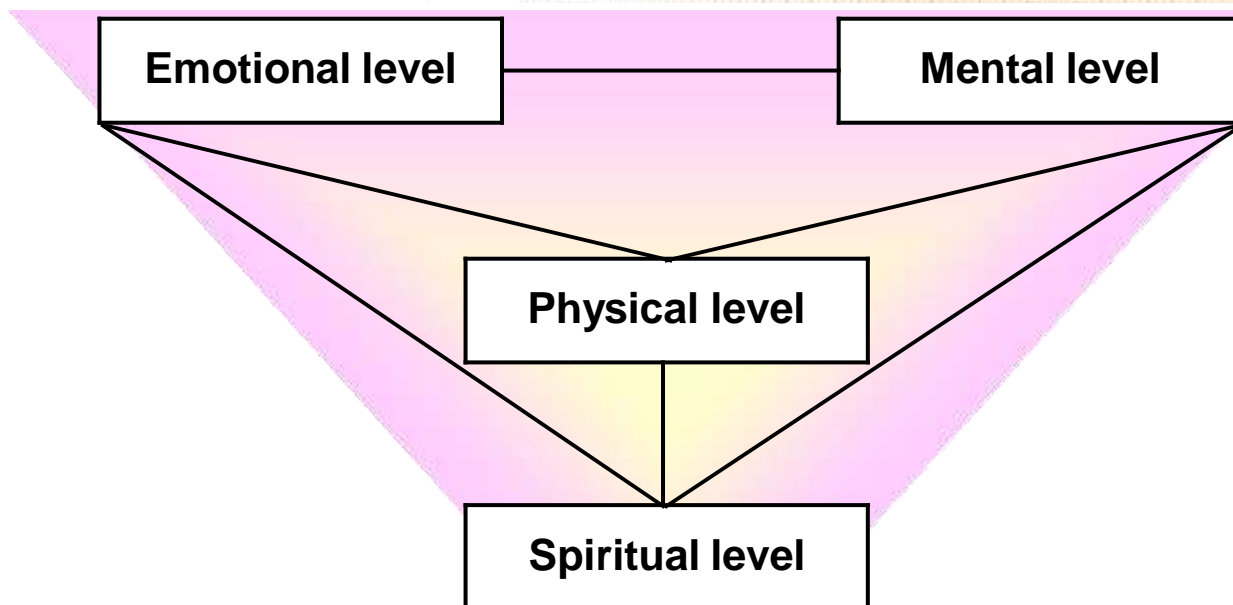
The BODY is a hierarchy of cells, tissues and organs - systems that are completely interconnected in both the upward and downward directions and whose relationship with each other is under the control of the governing integrity - life force

LIFE FORCE is a vibrating dynamic element with an inherited bioenergetic characteristic, which is equated with the Chinese "qi" or the Japanese "ki". Hippocrates suggested that it is "nature" inside the body that heals the patient.



Interaction between different levels

- Classical homeopaths believe that body functions are a reflection of all levels
- If the image of a holistic symptomatic picture is incomplete, then the action of the drug will be limited only to those vibrational levels that were taken into account when selecting it.
- This method will only cause temporary healing.
- To find a drug that will optimally help a given patient, all of his symptoms must be considered:



Through the concept of the integrity of symptoms, it is possible to give a more precise definition of the law of similarity :

«Any remedy that can induce a certain consistency of symptoms in a healthy person is capable of curing that same consistency of symptoms in a patient.»

Potentialiation or dynamization

«potentia» – opportunity, ability

«dinamis» – force

Multiple dilution of the substance chosen for the preparation of the drug, accompanied by vigorous and prolonged shaking of the vessels in which this dilution is made

(This term explains the dynamic nature of the preparation and action of the medicine)



Dynamization (synonym - potentiation) - imparting energy, healing power to a natural substance in the process of its successive dilution and intensive shaking



Potency (synonym - dilution) - the degree of dilution or grinding of the original substance. Reflects the number of steps (levels) in the process of imparting medicinal strength to a natural substance, that is, in the process of preparing a homeopathic medicine

The higher the degree of dilution, the greater the therapeutic effect of the resulting product. At the same time, under the greater strength of the therapeutic effect is meant a deeper, more generalized and longer lasting effect of a homeopathic drug on the human body.

The US Homeopathic Pharmacopoeia defines highly dynamic drugs as potent



U.S. PHARMACOPEIA

Mental level

changes occur in understanding and consciousness

confusion, decreased concentration, apathy, lethargy, distraction

Emotional level


changes take place in emotional state

longing, anxiety, apathy, envy, fear, irritability, joy, love, sadness

Physical level

diseases and injuries occur, changes occur in the organs and systems of the body

sleep disturbance, sexual function



S. Hahnemann began his homeopathic practice by giving patients large doses of medicines, in accordance with allopathic. They often caused deterioration, in some cases reaching toxic reactions. In an effort to achieve greater safety, he experimented with breeding them, exposing each breeding to a series of energetic succus.

NB! A disease caused by a change in the qualitative and quantitative ratios in the content of certain trace elements in a living organism is cured by micro doses of such trace elements, the introduction of which can restore the ratios typical for a healthy person

In the 1880s, Dr. H.R. Arndt and H. Schulz of the University of Greifswald in Germany formulated Arndt's Law to explain the potentiation phenomenon based on the following observations:

**POTENTIAL
PHENOMENON**

mild irritants have a stimulating effect on living organisms
(*for example, immunization)

moderate stimuli make it difficult for living organisms to work
(*for example, intervention at the biochemical level)

strong stimuli have a depressing effect on living organisms
(*for example, chemotherapy)

***Allopathic interpretations are given in brackets.**

Testing drugs on healthy people

Healthy people of both sexes, different ages, temperaments, with different external data were involved in proofings.

It was found that the characteristic symptomatology of a drug disease does not occur in everyone, but only in those who had certain external and mental characteristics, a similar life history.

Based on this, a description of the constitutional signs of people with hypersensitivity to this drug was compiled.

All medicines have their own "medicinal picture" - a description of the symptoms noted in healthy volunteers who have experienced this medicine

This process was named "DRUG PROOVING"

EXPERIMENTAL TESTS

They are carried out by prescribing various subtoxic doses to people of different sex and age. Basically, they cause "changes in sensation or behavior", ie. these are common symptoms

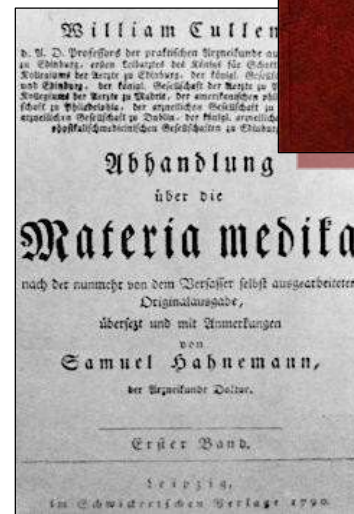
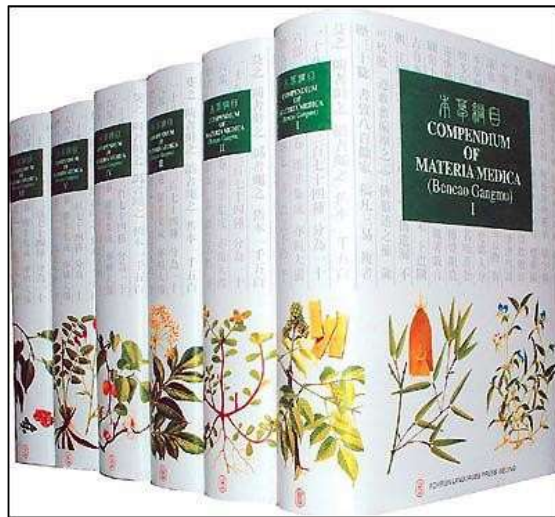
CLINICALLY OBSERVED TOXIC EFFECT

It can be acute, chronic, voluntary, or accidental. Large doses received usually cause organic damage

! NB Pictures of medicines are collected in the Materia Medica

The Selected Homeopathic Materia Medica is a fundamental work of P. Isvardas Tarkas, one of the most famous Indian homeopaths, co-authored with his first disciple and associate Ajit Kulkarni. The authors present to the homeopathic community a new, original approach to the description of drugs in the form of a matrix, which allows the most complete assessment of the totality of the presented symptoms

One of the main books by J.T. Kent. Along with the "Repertory" and "Lectures on the Philosophy of Homeopathy" it is included in the "golden" fund of homeopathic literature. Individual portraits of 207 preparations are presented in an accessible, vivid form



HOMEOPATHIC DILUTION SCALES

DECIMAL
X or D



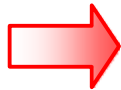
decimal dilutions were developed and introduced into homeopathic practice by the German physician Konstantin Goering (1800-1880)

HUNDRED (censorial)
C or H (Hahnemann) or CH
(depending on the
country) or just the Arabic
numeral 1, 2, 3, etc.



centesimal dilutions were introduced by Samuel Hahnemann; their technology was first presented in the 5th edition of the "Organon of Medical Art" (1833)

FIFTY-THOUSAND
LM or Q



the fifty thousandth potency is also a Hahnemannian invention; they are described in the 6th edition of the Organon of Medicine (1921)

HUNDRED
K (Korsakov) (differs from
the centesimal
Hahnemannian
technology)



Korsakov (centesimal) dilutions - SN Korsakov, State Councilor; was neither a doctor nor a pharmacist, but was a follower of homeopathy; prepared homeopathic medicines for King Nicholas I

ТЫСЯЧНАЯ

MM – can be: from 10M (1: 100, repeated 10,000 times) and to CM (1: 100, repeated 100,000 times) with the help of the Skinner dynamizer (1825-1906)

Decimal Potencies

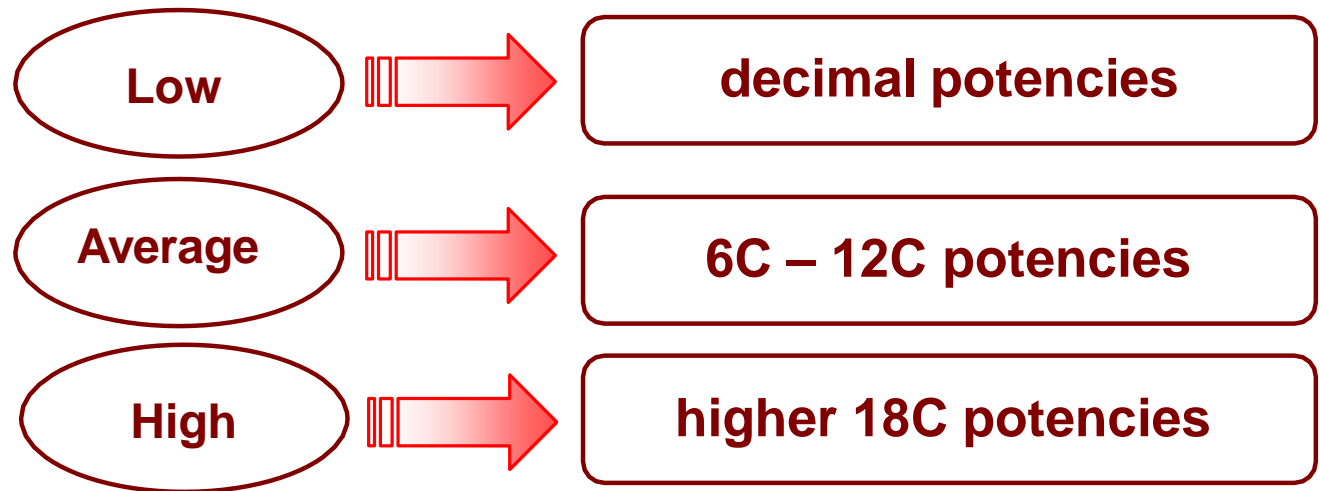
Dilution	Concentration	Potency designation
1:10	10^{-1}	1x or D1
1:100	10^{-2}	2x or D2
1:1000	10^{-3}	3x or D3
1:10 000	10^{-4}	4x or D4
1:100 000	10^{-5}	5x or D5
1:1 000 000	10^{-6}	6x or D6
$1:10^{30}$	10^{-30}	30x or D30

CENSIMAL POTENTIALS

Dilution	Concentration	Potency designation
1:100	10^{-2}	1 or 1C or 1CH
1:10 000	10^{-4}	2 or 2C or 2CH
1:1 000 000	10^{-6}	3 or 3C or 3CH
1:10 ¹²	10^{-12}	6 or 6C or 6CH
1:10 ³⁰	10^{-30}	15 or 15C or 15CH
1:10 ⁶⁰	10^{-60}	30 or 30C or 30CH
1:10 ⁴⁰⁰	10^{-400}	200 or 200C or 200CH
1:10 ²⁰⁰⁰	10^{-2000}	1000 or 1000C or M
1:10 ²⁰⁰⁰⁰	10^{-20000}	10000 or 10000C or 10M

DOSES OF DRUGS AND FREQUENCY OF THEIR RECEPTION IN HOMEOPATHIC TREATMENT

Drug potencies used in clinical homeopathy



Drug potencies	Dilution scale value	Levels of action on the human body
Low dilutions	+1 – 3 CH	The level of tissue or organ, i.e. symptomatic and local indications
Average dilutions	3 CH – 6 CH (up to 9 CH)	The organ system level, i.e. local-regional and regional indications
High dilutions	6 CH and higher (from 12 CH)	The level of the body as a whole

Features of taking homeopathic medicines

- pause when improving;
- if symptoms return, the dose should be repeated three to five times until the improvement stabilizes;
- if improvement is stable, stop treatment; repeat it if the same symptoms return later;
- if there is no improvement, try another drug;
- acute diseases require frequent use of low potencies;
- subacute - less frequent use of medium potencies;
- chronic - rare receptions of high potencies;
- if sensory disorders predominate in the clinical picture, high potencies should be used, and if functional and organic damage occurs, then medium and low potencies, respectively

«... If the disease does not have an obvious source in the organic lesion of any important internal organ, then the reception can never be so small that immediately upon acceptance it was not able to produce seizures similar, even somewhat superior in strength to those that the patient felt in a natural disease (small homeopathic exasperation)...»

**§279 «Organon of medical art»
S. Hahnemann**

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